

THE ADELPHI
The Parade, St Helier, JE2 3QP

FEAST 4 LESS

FROM 1ST - 29TH OCTOBER

2 COURSE £12.50
3 COURSE £15.00

Lunch:

Tue - Thu 12pm - 2:30pm

Sat 12pm - 8pm

Dinner:

Tue - Fri 5:30pm - 8:15pm

Closed Monday

FEAST 4 LESS WINE

VISTAMAR BRISA
MERLOT OR SAUVIGNON BLANC

CHILE

£12.50



TO BOOK

(01534) 514861

adelphi@randalls.je

#FEAST4LESS

STARTERS

Soup of the Day ^{1,7}

Crusty bread, Jersey butter

Deep Fried Brie ^{1,3,7,10}

Side salad, cranberry sauce

Sticky & Spiced Chicken Wings ^{6,7,10}

Mango mayonnaise

Fish Cake ^{3,4,7,10,14}

Mixed salad, chive & crème fraîche dip

Cauliflower Fritters (vg) ^{1,3,7}

Herby dipping sauce

MAINS

6oz Fillet Steak ¹

Hand cut chips, Portobello mushroom,
plum tomatoes, garlic butter or pepper sauce
(£2.50 supplement)

Smoked Aubergine (vg)

Basmati rice, seasonal vegetables,
tomato salsa

Fish Cakes ^{3,4,7,10,14}

Mixed salad, chive & crème fraîche dip

Balsamic Glazed Basil Chicken ^{6,10}

Creamy mash, tomatoes,
courgettes, Parmesan

Line Caught Sea Bass ^{4,7}

Crushed new potatoes,
green beans, dill sauce

DESSERTS

Apricot, Orange & Almond Slice ¹

Jersey Dairy pouring cream

Classic Chocolate Cake (vg) ^{1,3,7}

Jersey Dairy vanilla ice cream

Sticky Toffee Pudding ^{1,3,7}

Hot butterscotch sauce,
Jersey Dairy vanilla ice cream

Eton Mess ^{3,7}

Mixed berries, cream

Allergen Key:

1 - Wheat | 2 - Crustaceans | 3 - Eggs | 4 - Fish | 5 - Peanuts | 6 - Soya | 7 - Dairy | 8 - Nuts | 9 - Celery
10 - Mustard | 11 - Sesame Seeds | 12 - Sulphur / Alcohol | 13 - Lupin Flour | 14 - Molluscs

VIEW ALL MENUS AT [FEAST4LESS.JE](https://www.feast4less.je)

SCAN HERE TO VIEW
OR

